

AGE 43 MEASURES

Total sample – completed by mail

“White Sheet” (demographics and basic information)

Questionnaire Packets (developed by IPAR study staff; customized for each participant)

Chronology Chart; Good Times, Bad Times, Important People in Your Life

Aspects of your Life (Role involvements)

Feelings Now and in your Early 30s (see Helson & Moane, 1987)

Marriage and Marriage-like Relationships

Divorce or Ending a Relationship

Being Single

Parenting and Children

On Not Having Children

Work and Work-like Commitments

Health; Leisure Interests

Current Relationship to Parents; Siblings; Friendships; Deaths

Social Network

The “Social Clock” (see Helson et al., 1984; Helson & Moane, 1987); How Change Comes About; Places in One’s Life

Chapters of Your Life

Adjective Checklist (ACL; Gough & Heilbrun, 1965)

California Psychological Inventory (CPI; Gough, 1957) -- 472-item

Sentence Completion Test for Women (SCT; Loevinger & Wessler, 1970; Loevinger, Wessler, & Redmore, 1970)

Myers-Briggs Type Indicator (MBTI; Myers & McCaulley, 1985)

References

Allport, G. w., Vernon, P. E., & Lindzey, G. (1960). *Manual for Study of Values* (3rd Ed.). Boston: Houghton Mifflin.

Gough, H. G. (1957). *Manual for the California Psychological Inventory*. Palo Alto, CA: Consulting Psychologists Press.

Gough, H. G., & Heilbrun, A. B. (1965). *The Adjective Checklist manual*. Palo Alto: Consulting Psychologists Press.

- Helson, R., Mitchell, V., & Moane, G. (1984). Personality and patterns of adherence and nonadherence to the social clock. *Journal of Personality and Social Psychology*, 46, 1079-1096.
- Helson, R., & Moane, G. (1987). Personality change in women from college to midlife. *Journal of Personality and Social Psychology*, 53, 176-186.
- Loevinger, J., & Wessler, R. (1970). *Measuring ego development 1: Construction and use of a sentence completion test*. San Francisco: Jossey-Bass.
- Loevinger, J., Wessler, R., & Redmore, C. (1970). *Measuring ego development 2: Scoring manual for women and girls*. San Francisco: Jossey-Bass.
- Myers, I. B., & McCaulley, M. H. (1985). *Manual: A guide to the development and use of the Myers-Briggs Type Indicator*. Palo Alto: Consulting Psychologists Press.